

Program 1 – Counseling Skill Training Workshop

Basic Communication and Counseling Skills for Helping Professions

Duration: 2 weeks Total no of days – 10 Total no of training hours – 60

Dates: Week 1 --- Nov 3 to Nov 7, 2014 (Monday to Friday) Time: 10am to 5pm

Week 2 --- Dec 1 to Dec 5, 2014 (Monday to Friday) Time 10am to 5 pm

Topics: Week 1 --- Basic Communication Skills and Counseling Principles

Week 2 --- Basic Counseling Skills and Techniques

Workshop Model: PPT presentations, hands on Individual Practice sessions,

Group work: All sessions are interactive

Eligibility: Mental Health Professionals (Psychologists, Psychiatrists, Social Workers)

**Other Medical Professionals (GPs, Homeopaths, Ayurvedic Physicians),
Teachers, HR Management Professionals**

Training Fees: Total Rs.10,000/ - (Attendance for both weeks is Compulsory)

Seats limited. Registration will be given on First Come First Served Basis

Last date for registration : October 17, 2014

Participants will be issued certificates for participation

**Participation in the workshop has to be confirmed on phone and email
aakalan@healthymind.org,**

roopaiph@gmail.com

**Registration can be done through cash or D.D. payable to Institute for
Psychological Health.**

Venue: Institute for Psychological Health, Thane

Contact: Roopa – 9870600283 - 11 am to 6.00 pm. (Monday to Saturday)

Program 2 - Training Workshop on Psychometric Assessment in Children

Dates: December 8 – 11, 2014 (Monday to Thursday)

Time: 10am to 5pm

Eligibility: Clinical and Counseling Psychologists, School Counselors

Tests to be covered: Vineland Social Maturity Scale, Seguin Form Board,

Kamat- Binet Test of Intelligence for Children

Weschler Intelligence Scale for Children (WISC)

(MISIC will be discussed)

Children's Apperception Test (CAT)

Assessment in ADHD and LD

Assessment in Autism (CARS – Child Autism Rating Scale)

Bender Gestalt Test

Workshop Model: Test Discussion, Test Demonstration, Test Profile Discussion , Report Writing

Training Fees: Rs.6000/-

Last day for registration: November 29, 2014

Participants will be issued certificates for participation

**Participation in the workshop has to be confirmed on phone and email
aakalan@healthymind.org,**

roopaiph@gmail.com

**Registration can be done through cash or D.D. payable to Institute for
Psychological Health.**

Venue: Institute for Psychological Health, Thane



Happy ParentTEEN!

Akalan, the learning centre of IPH announces a two-day workshop for parents of teenagers aged 12 to 18 years.

This workshop would aim at addressing various parental concerns and issues that they have in handling their teenage child.

Workshop Content:

- How the Teenager's brain works
- The Teenager's Self identity, Self esteem and Body image
- Peer influence and Relationships (Romantic and other relationships)
- Value System
- Influence of the internet, mobile and TV
- Concepts about money and allowance
- Handling your Teenager's Emotions and their Expressions
- Communicating with your Teenager

Dates for the workshop: 29th and 30th November 2014 (Saturday and Sunday)

Timing: 10:00 a.m. to 5 p.m.

Venue: Institute for Psychological Health (IPH), Thane

Registration fee: Rs 2000 (Individual)
Rs 3500 (Couple)

(Registration fee is inclusive of breakfast, mid-morning tea, lunch and mid-afternoon tea.)

Last date for Registration – 22nd November 2014

For registration and further details contact

Ms. Roopa: 9870600283 11 am to 6.00 pm. (Monday to Saturday)

or roopaiph@gmail.com