

We are Back!

A Club By, For & Of Children!

In its 7th Year!



Institute for
Psychological
Health

Mental health for all!

What is Cool Club?

- A unique teenage sensitization program designed by expert Psychologists working with adolescents and youth
- Each session addresses different aspects relevant to the personality development of teenagers

What We Do?

- We help children in exploring themselves, understand their thoughts and feelings through various activities. We also invite great faculties to share with others their knowledge and gain from others experiences
- Address sensitive teenage issues in a safe environment
- Help children learn social skills and maintain a touch with real world in the midst of virtual temptations
- Create a platform for them to discover their talents
- Build a support system through ongoing process since personality development is an ongoing process

Who can be Eligible to Enroll for the Cool Club Activities?

Eligibility: 11-15 years (6th-10th Standard)
Registration Fees: Rs. 8000 per child
(one year membership)

When do We Meet?

- We meet once in a month on a Sunday, beginning from July till April.
- Session Duration: 3 hours
- Language of communication: Marathi, Hindi and English (mix)

Who are the Co-ordinators?

- Ms. Surabhi Naik
- Mr. Swapnil Pange
- Ms. Eashwarya Natekar

Whom to Contact for Registration?

Phone: Ms. Sandhya (Administrator) - 98701 15693
Institute for Psychological Health (IPH),
10th Floor, Sri Ganesh Darshan Tower,
Between Teen Petrol Pump and Harinivas Circle,
Thane (west) 400602

Cool Club Annual Function of this year's batch (2017-18) was held on Sunday 29th April, 2018 at Kashinath Ghanekar, Thane. More than 50 children participated. Following is the feedback given by parents after this program:

1. Thanks to All the Cool Club coordinators who have taken so much efforts for our Kids....The Annual Function was superb....
2. Cool Club.... What to write, whatever one does will not be enough. The "inspiration", "dedication" "understanding" qualities which are getting developed in the child's behavior is due to the hard working team of Mentors of Cool Club Tanmay Dikey's schedule due to his 10th classes or due to his competitive exam classes was so tight that he used to get busy from 7:30am till 6:30pm every day. But his mind was filled with the practice sessions which were from 3pm, which he could never attend. However, in spite of getting drained he made it a habit to at least be a part of practice sessions for 1 hour after 6:30pm. This is only possible due to the affection, closeness to the thoughts of Cool Club. Actually he used to get energized after that practice sessions, in spite of being physically tired, to be ready for the next day. All above is self explanatory giving an insight to the creation of mindsets by all of "Cool Club" Team. Yesterday's program is a culmination of the thought process.
3. Thank you to all the Cool club Coordinators and Children to present such a wonderful show. Children gained a lot of confidence too. Cool Club is like a home to all children where they want to stay n enjoy too.
4. It is a great pleasure to tell you that the annual day function was very well organized and way beyond our expectations. Right from the beginning to the end there was not a drop in the energy level. The scene of more than 50 kids performing at a single time was breathtaking and well coordinated. I would like to thank and congratulate the entire team who was a part of this grand show. I am proud of having my child being a part of this wonderful show.

5. Dear Cool club mentors and kids who were part of this journey. We discovered new saloni in last one year..I feel the cool club environment makes child come up with different challenges. I have seen her practicing new song one night before performance and accepting challenge given by arun kaka ...Let this journey continue. She is eager to meet all of you in next session. Thanks for everything.
6. We also agree with this. You, the cool club and IPH team are really taking more efforts for our kids. We and our kids have enjoyed the program and waiting for confirming seat in cool club for next year.
7. The program was wonderful. Hats off to all performers. I am sure the programs must have boosted confidence in all the performers. Thanks to all the Cool Club Coordinators for great program.
8. IPH family has touched many lives, brought in a huge smile and filled our minds with such unforgettable memories. Thanking may not be just sufficient. The goodness that you have inculcated among all the kids and the bonding that they share is absolutely commendable.
9. Eagerly awaiting the next joyride!
10. Thank you IPH family for giving such a wonderful experience for our kids as well for us. Really unforgettable
11. Loads of appreciation to the entire cool club team. I missed today's program but got details from Viranshu. He was very happy and thoroughly enjoyed.
12. Cool clubcha Varshik Sohla Rangla Raviwari.

Saglyachimulanche performances ek meka hun bhari'

'Weekend la param tearyachi iccha aste khari'

Pan naapiya mulan chi growth pahaychi maja tyahun nyari.'

Mulanna ashich unch unch gheude bhari'

Co-ordinators chi tar suru zali asel pudhil varsha chi tayari'

Dedicated to all great young co-ordinators and our fully talented Young gurus.

