

# THROUGH THE LOOKING GLASS

One case managed through 4 therapy lenses  
July 2025

## When and what?

**July 9** - Detailed case discussion

**July 10** - DBT lens

**July 11** - Narrative lens

**July 12** - ABT lens

**July 13** - Somatic lens

**Timings** (July 9) - 6-9pm

(July 10-12) - 7pm to 9pm

(July 13) - 10am to 12pm

## Who can benefit?

Psychologists, Psychiatrists, & Psychology PG students

## Facilitated by:

Dr. Geeta Joshi, Panna Kamaljit, Kavitagauri Joshi,  
Shama Shah, Irawati Joglekar

## Registration:

Roopa More - 9870600283 (Mon-Sat, 9am-6pm)

Fee - Rs. 5500/- including GST

## Day wise elaboration

### Day 1

Elaborate discussion of the case with a focus on therapeutic pointers through the discussion. This is crucial to prepare for the rest of the days. Participants are expected to read the case beforehand.

### Day 2

Focuses on using DBT in helping the client.

### Day 3

Focuses on using Narrative lens in helping the client.

### Day 4

Focuses on using Arts-Based lens in helping the client

### Day 5

Focuses on using Somatic work in helping the client